

# PRACTICE SCHEDULE

Need metronome, tuner, timer, good ear and good concentration. Also you need a quiet and isolated place away from the hustle and bustle of the house. When you take a break go for a walk or sit and relax. Do not watch TV or start playing video games. This should take two to four hours that can be done all at once or split into two different times of day.

- **Scales Arpeggios and General Technique**
  1. Pick a key to use over two days then start at beginning then work for 20 min. then stop. Second day of said key start where you left off for same amount of time.
  2. General Technique: Double stop exercises, Schradieck, Positions, shifting, bow strokes. 30 min. then stop take break 10 min.
  
- **Etudes**
  1. Dancla, Wolfhart, Mazas, Kreutzer, Dont: Learn, review, polish, brush-up, etc. 15-30 min. Stop take 5-10 min. break.
  
- **Repertoire**
  1. Solo: Learn, review, polish, brush-up, etc. 30-60mn. Break.
  2. Orchestra & Chamber ensemble: Learn, review, polish, brush-up, etc. 15-30 min. Stop and go have fun!